

South West Meals On Wheels

South West Meals on Wheels is a self-sustaining program that receives no government funding. We are proud to serve the following areas: Beechview, Bridgeville, Carnegie, Cecil, Clinton, Collier Township, Crafton, Dormont, Greentree, Heidelberg, Imperial, Ingram, Mt Lebanon, Oakdale, Robinson Township, Scott Township, South Fayette, Upper St Clair and Westwood.

WISH LIST #5 KITCHEN HELPERS

- O Potato peelers
- O Plastic containers with lids for storing food
- O Foil
- O Plastic wrap
- O Parchment paper
- O Bottle brushes
- O Large Aluminum Pans
- O Half pan aluminum pans
- Small rag mops for quick floor cleanup (Dollar store!)
- O Kleenex

WISH LIST #6

FUNDRAISING HELPERS

- Heavy weight paper for printing brochures or advertising
- O Paper plates for fundraising dinners
- O Plastic silverware for fundraising dinners
- Dinner napkins
- White foam poster boards (Dollar store!)
- Poster Paper
- O Envelopes
- O Rolls of plastic to cover banquet tables
- O Sterno

Southwest Meals on Wheels is also looking for volunteers to:

- Drive routes to deliver food to clients
- Pick up donations of food from retailers
- Work in the kitchen
- Help with special events

Call Candy Mageras at 412.279.5670 for more information!

Candy Mageras , Program Manager